

KEEP NEAR YOUR PHONE

Pause. Ask. Call back.

An urgent call sounds like someone you love. Take a breath. You can care about them and still check who is calling.

1 / PAUSE

Do not rush to send money or reveal private information. A familiar voice or caller ID is not proof of identity.

2 / ASK

Ask for your family's private code word or phrase. Let the caller provide it. Do not reveal it or offer clues.

3 / CALL BACK

End the call. Dial your loved one's saved, trusted number. Even a correct code word does not replace this check.

My first trusted contact / phone

My second trusted contact / phone

IF YOU STILL CANNOT CONFIRM

Contact another trusted person. Do not send money while you are unsure. If you believe there is immediate danger, call your local emergency number; in the U.S., call 911.

Keep the actual code word OFF this card. Never enter it into an AI tool or a public form.

Family safety guidance: FTC and FBI. See source links on page 7 of the complete toolkit, available at lifequestai.com/workshop/handouts.html.